

FACT SHEET 10 - PLANNING TO BE A LEADER IN SPORT

“Failing to plan is planning to fail.”

Pursuing your goals for further involvement in sport and recreation leadership requires you to develop a personal plan. This plan can be reviewed and amended at any stage but it provides you with some direction of the steps you might want to take. When developing your plan, be clear about;

- What your goal is and what you want to achieve.
- The steps and actions that are required to achieve your goals whilst remaining flexible.
- What your current strengths and weaknesses are and what you might be able to do to build your strengths.
- What your time commitment and capacity is to pursue your goals and be realistic rather than setting yourself up to fail.
- What support you currently have around you and what additional support or networks you may need to develop.
- What courses, education and/or training might be beneficial to your achieving the next step?
- Whether you may benefit from having a mentor.
- How you will measure your progress and celebrate milestones along the way.
- Once you achieve your goal, who else can you help or mentor to bring more women into leadership roles.

The following outline might help you put your thoughts together and start your journey.

My Personal Plan

Goal (what do you want to achieve)	Actions (What are the steps you need to take)	Timeframe (When do you want to do it)	Who (Who might you need to work with or network with)	Resources (What courses, equipment, \$\$ do you need)
1. e.g. Contribute to the development of your sport	<ul style="list-style-type: none"> • Nominate for a committee, become involved and make a contribution • Complete “Committee Readiness”, “Introduction to Good Governance, and/or “Effective Board Meeting procedures” modules on AWRAs website 	<ul style="list-style-type: none"> • Contribute as Committee member 2009-2012 	<ul style="list-style-type: none"> • Your committee members and other committees and board members • Club representatives 	<ul style="list-style-type: none"> • Attend national meetings
2. e.g. Become a Board Director on State Sporting Organisation	<ul style="list-style-type: none"> • Find out the selection and nominating criteria and timeframes • Prepare a CV of relevant experience and what you want to achieve for the sport • Solicit support from voting members and clubs • Attend AGM’s and General meetings of the sport • Complete “Risk Management” module on AWRAs website 	<ul style="list-style-type: none"> • Gather information and support in 2011 • Nominate at 2012 AGM 	<ul style="list-style-type: none"> • Discuss the role of the Board with Board members and staff • Ask a Board member to mentor you 	<ul style="list-style-type: none"> • Attend a Governance workshop